

Spring 2017 Adoption Education Series



AFTH Offers Classes Designed Especially for the Needs of Adoptive Parents

The adoption journey is lifelong, so regardless of what stage of the adoption process families are in, AFTH's goal is to strengthen families by empowerment through knowledge. The AFTH Education Series is designed to offer support through educational opportunities and discussions to help better equip adoptive parents.

Classes on the Effects of Parental Drug and Alcohol Use

Understanding the Effects of Prenatal Drug and Alcohol Exposure (Cherry Hill, NJ)

Please join us to learn about the effects of alcohol and drug use during pregnancy on the newborn. This is a wonderful opportunity to educate yourself and spend time asking questions with a medical professional working in the field of maternal health.

Wednesday, April 26th from 6:30-8:00pm

Register By April 21st

\$25/person or \$35/couple

Call (856) 665-5655 with questions.

Substance Abuse During Pregnancy: Understanding Short/Long Term Effects (PA and NY locations)

Please join us to learn about the effects of substance abuse exposure during pregnancy. Time will be spent reviewing the profile key and answering any questions. This is a great opportunity to educate yourself and spend time with a professional working in the field of maternal health. Light refreshments will be provided.

Bethlehem, PA

Saturday, April 8th from 11:00am-1:00pm

Register By March 31st

Brooklyn, NY

with Dr. Melissa Goldstein from Carnegie Hill Pediatrics

Tuesday, May 16th from 5:30-7:30pm

Register By May 8th

\$25/person or \$35/couple

Call (610) 432-2384 with questions.

Effects of Prenatal Drug & Alcohol Use (Newark, DE)

Presenter Dr. Erin Meyer is an Internal Medicine and Pediatric Hospitalist who works in the NICU (neonatal Intensive Care Unit) at Christiana Hospital. Together we will be discussing the effects of drug and alcohol use during pregnancy on the newborn. We will also discuss withdrawal symptoms and effects and will leave plenty of time for your questions.

Saturday, April 8th from 10:00am-Noon

Register By March 31st

\$25/person or \$35/couple

Call (302)-658-8883 with questions.

Understanding the Effects of Prenatal Drug and Alcohol Exposure (Farmington, CT)

Sharon Lavigne, MA is a genetics counselor and coordinator of the MotherToBaby program at UConn Health Center. Please join us to hear Sharon speak about the short and long term effects of prenatal drug and alcohol exposure. This class is suitable for both prospective and current adoptive parents.

Wednesday, March 15th from 7:00-9:00pm

Register By March 8th

\$25/person or \$35/couple

Call (860) 657-2626 with questions.

REGISTER ONLINE

www.afth.org/educational-series-seminars

Classes Continued on Next Page



Birthparent Panel

Birthparent Panel Discussion (Wynnewood, PA)

The experiences of birth parents in open adoption can sometimes be overlooked, but often include vital insights about the adoption experience. Join us for an interactive discussion with three birth mothers who placed children in 2016. Each of these women has a unique story and perspective, as well as a different experience with open adoption. This panel is open to prospective adoptive parents as well as adoptive parents who have already been placed and will include plenty of time for participant questions.

Saturday, April 1st from 10:30am-Noon

Register By March 24th

\$10/person or \$15/couple

Call (610) 642-7200 with questions.

W.I.S.E Up

Teaching Parents How to Help Children Respond to Adoption Questions (Chesaepake, VA)

W.I.S.E. Up is a workshop designed to help parents decide how to help their children respond to questions & comments about adoption and make choices about how and when to share their adoption story. "We can't choose the questions others ask us, but we can choose our responses." Bronwyn Robertson is a licensed professional counselor who has lectured and published internationally. She is certified in adoption-competent counseling and works with foster and adoptive youth, and their families.

Saturday, March 11th from 10:30am-Noon

Register By March 3rd

\$10/person or \$15/couple

Call (757) 361-0008 with questions.

Child Care Classes

Infant Care Class for Adoptive Parents (Harrisburg, PA)

This infant care class especially for adoptive families will cover the basics of infant and child care including: newborn appearance, newborn behaviors, diapering and dressing, feeding, umbilical cord care, newborn health and safety basics, when to call your pediatrician as well as other changes that may come with new parenthood. This class is exclusively for prospective adoptive parents and allows them to learn in a non-medical environment without a focus on pregnancy and childbirth. There will be plenty of time for questions and for AFTH families, this class will count toward the agency's childcare requirement.

Monday, February 6th from 6:30-8:30pm

Monday, March 20th from 6:30-8:30pm

Monday, May 15th from 6:30-8:30pm

Register by the Monday the week before the class.

\$25/person or \$35/couple

Call (717) 399-7766 with questions.

ONLINE CLASS REGISTRATION

visit the calendar of events
at the bottom of our homepage

www.afth.org