

# Summer Educational Series



**AFTH's Summer Ed Series is held on Zoom to welcome families from all over our service area to attend.**

**Registration Closes 1 Week Before Classes - Classes Fill Up Quickly**  
Ed Series classes fulfill AFTH's CEU requirements

## ***Understanding the Birth Parent's Heart–Mind Conflict***

While financial concerns are often times the reason why birthparents choose adoption for their child, it is not the only reason. It can sometimes be harder to battle your mind vs. heart when the reasons go beyond financial. This class is designed to explore reasons why birthparents consider adoption vs. parenting, and how additional pressure/people can influence their decision.

**Wednesday, June 3rd | 7:00-8:30 PM**

Registration deadline: May 27, 2026

## ***Identities in Adoption***

A revision of personal identities of adoptees throughout a lifespan. How they may change and develop over the years. We will also review Adoptive Parents and Birth Parents personalities after placement. Lastly, we will look into what this may mean for families and what to expect.

**Wednesday, July 8th | 7:00-8:30 PM**

Registration deadline: July 1, 2026

## ***Open Adoption: Birth and Adoptive Parent Perspectives***

Navigating an open adoption relationship can be both challenging and rewarding. Please join a panel of birth and adoptive parents who will share their perspectives on open adoption issues, ranging from meeting at the hospital, ongoing contact through sharing pictures, letters and visits, and how to manage your child's thoughts and feelings when there isn't contact with birth parents.

**Wednesday, July 29th | 6:30-8:00 PM**

Registration deadline: July 22, 2026

## **Prenatal Drug & Alcohol Exposure:**

**\$100/family** - [Click for a Video Message About the Class](#)

AFTH wants families to make informed decisions when completing their profile keys. Dr. Erin Meyer, an internal medicine and pediatric hospitalist, NICU provider, and adoptive mom, will discuss the effects of drug and alcohol exposure during pregnancy, including withdrawal symptoms and potential short- and long-term impacts on newborns. Questions are welcome.

## ***Open Adoption: Navigating Changes While Honoring Commitments***

Join us for an interactive webinar for families navigating open adoption and relationships birth families. We'll explore common questions, discuss how relationships with birth families can evolve over time, and share practical ways to build trust while maintaining clear and healthy expectations for all.

**Thursday, August 20th | 6:00-7:30 PM**

Registration deadline: August 13, 2026

## ***Adoptive Parent Panel: Navigating the Wait, Challenges & Openness***

The panel will include past AFTH AP's sharing their stories about their wait, hospital experiences, challenges navigated, and what navigating varying relationships with their birth family has looked like since placement.

**Thursday, August 26th | 6:00-7:30 PM**

Registration deadline: August 19, 2026

## ***Upcoming Webinar Dates:***

Link is emailed 1-2 business days after registering

- **Saturday, July 11 | 10:30AM - 12:00PM**
- **Thursday, October 15 | 7:00PM - 8:30PM**

**REGISTRATION DEADLINE:**

**1 week before webinar**

**All Classes are \$40/family unless otherwise noted. Click [HERE](#) to Register.**